

Ugh! Dealing with Anger, Frustration, & All That **Part 3: James 1:1-21**

Anger is a _____ of emotion so you can express deep conviction for righteousness in the midst of unrighteousness, but it is not a gift intended to _____ you.

Question: How can I be changed and prepared so that when I face trials anger won't take control of my life?

1. Learn to _____ more, speak _____, and _____ when anger is necessary (V. 19-20)

2. Put away the things that _____ you from _____ God's Word (v. 21a)

3. Receive the _____ of God into your life and _____ yourself for the presence of truth (v. 21b)

Receptive or Reluctant?

The Word of God is _____.